Parenting village dates for your calendar

Date	Where	Time	Catch-Up
Mon Jan 20	South Hobart	10:30am-12.30pm	Coffee morning — The Rivulet Cafe
Fri Jan 31	New Town	10am-11:30am	Pram Walk — Cornelian Bay
Mon Feb 17	South Hobart	10:30am-12.30pm	Coffee morning — The Rivulet Cafe
Mon Mar 17	South Hobart	10:30am-12.30pm	Coffee morning — The Rivulet Cafe
Fri Apr 4	South Hobart	10am-11:30am	Pram Walk — Rivulet Track
Mon Apr 14	South Hobart	10:30am-12.30pm	Coffee morning — The Rivulet Cafe
Fri May 2	Howrah	10am-12pm	Sleep - Info and chat Howrah Community Centre
Mon May 19	South Hobart	10:30am-12.30pm	Coffee morning — The Rivulet Cafe
Fri Jun 6	Howrah	10am-12pm	Breastfeeding beyond 12 months — Info and chat Howrah Community Centre
Mon Jun 16	South Hobart	10:30am-12.30pm	Coffee morning — The Rivulet Cafe

Keep up-to-date with local ABA news on Instagram **@ozbreastfeedingtas** and on Facebook, 'ABA Hobart and Surrounds Group'.

Details correct at time of publication. As public health circumstances and venue availability are subject to change, we reserve the right to make alterations without notice.

*Guest speaker presentations may include information not in accordance with ABA polices and position statements.





Coffee mornings venue:

The Rivulet Café 64 Anglesea Street, South Hobart

Cross the bridge and turn left

Onsite free parking, space for prams, secure outdoor playground and family-friendly facilities

Info and chat venue:

Howrah Community Centre 11 Howrah Rd, Howrah

Family-friendly facilities

Find us in the **Sunshine Room**

Out and About? ABA Accredited Baby Care Rooms

Hobart

- Royal Hobart Hospital—Ground Floor K block
- Myer Store 3rd floor
- Centrepoint Arcade lower level
- New Town Plaza (Centro)
- North Hobart Child Health Centre, 29 Strahan St **Glenorchy**
- Community Health Centre, 2 Terry St
- Northgate Shopping Centre, lower level near escalator

Eastern Shore

- Rosny Park Eastlands Centre (both levels)
- Howrah Shoreline Shopping Centre

Kingston

- Kingston Community Health Centre, 6 Goshawk Way
- Channel Court Shopping Centre, 29 Channel Hwy

New Norfolk

- Community Health Service, Circle St

Bruny Island

- (Alonnah) Community Health Centre

Sorell - Community Health Centre

Clarendon Vale - Child and Family Centre

Ouse - Central Highlands Community Health

About Us

The Australian Breastfeeding Association provides evidence-based breastfeeding and parenting information and support available to all mothers and parents.

Access our local mothers group to connect with others and have your breastfeeding questions answered by qualified peer supporters.

Support for all stages is available at our free local activities, at **breastfeeding.asn.au**, using the **mum2mum** app, calling the **National Breastfeeding Helpline** and our ABA **LiveChat** service.

Want to take a class? ABA offers expectant parents the ABA **Breastfeeding Preparation Session** education webinar - **save** with our local group **\$20** cashback offer.

Access ABA's *Virtual Village* for additional parenting webinars and online support services, including premium **mum2mum** app content.

In Tasmania the Australian Breastfeeding Association is supported by the Crown through the Department of Health



The National Breastfeeding Helpline is supported by funding from the Australian Government







SIGN UP FOR





BREASTFEEDING PREPARATION SESSION

ANTENATAL CLASS
CLAIM **\$20 CASHBAC**FROM TASMANIAN
LOCAL GROUPS

BREAST PUMP HIRE

PICKUP SOUTH HOBART



CONTACT US

Tate • 0438 358 083 | Group leader

Linda • 0402 241 309 | Breast pump hire

Jo • 0417 057 423

Lynne • 0418 328 306

Elisabeth • 0439 384 986

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aba.asn.au/hobartandsurrounds

ozbreastfeedingtas

ABA Hobart and Surrounds Group



Pregnant

Breastfeeding

Parenting

We're here for you

JANUARY – JUNE 2025

Hobart and Surrounds Group



A.B.N: 64 005 081 523 RTO: 21659