



10690NAT Diploma of Breastfeeding Management

2023–2025 Triennium
Activity number: 862592
Approved 20/12/2024

The course has been approved for the following CPD hours and types:

Unit	Core/elective	EA	RP	MO
NAT10960001 Take lactation histories and conduct breastfeeding assessments	Core	32	8	
NAT10960002 Communicate effectively with clients to support breastfeeding	Core	27	13	
NAT10960003 Provide counselling to support breastfeeding				
NAT10960004 Manage breastfeeding situations and problems <i>*Pre-requisite NAT10960001 required</i>	Core	29	24	
NAT10960005 Facilitate infant and maternal nutrition during lactation	Core	27	6	
NAT10960006 Create environments to protect promote and support breastfeeding	Core	22		3
NAT10960007 Provide breastfeeding support within a legal and ethical framework	Core	17	6	
NAT10960008 Use critical appraisal skills to evaluate human lactation research	Core	29		3
NAT10960009 Facilitate culturally appropriate breastfeeding counselling	Specified elective	15	10	
NAT10960010 Provide pharmacological information and breastfeeding support to clients	Elective	21	6	
NAT10960012 Evaluate and counsel on the use of breastmilk substitutes	Elective	29	4	
NAT10960013 Use infant sleep and settling techniques that support the breastfeeding relationship	Elective	20	4	
NAT10960014 Counsel clients to manage life changes associated with breastfeeding	Specified elective	25	6	
NAT10960015 Manage infant and young child feeding outcomes in emergency situations	Elective	27	6	
		264	81	6

EA= Educational Activities
RP = Reviewing Performance
MO = Measuring Outcomes

Learners complete 8 core units, 2 specified elective units and 2 electives of free choice.