



Australian
Breastfeeding
Association
For Health Professionals

10960NAT Diploma of

Breastfeeding Management

Upgrade your knowledge and skills to support breastfeeding mothers and babies

The Australian Breastfeeding Association has a long tradition of providing high-quality, evidence-based breastfeeding education for health professionals.

Nationally recognised accredited course

The 10960NAT Diploma of Breastfeeding Management is a nationally recognised accredited course.

Designed with your needs as a health professional in mind, this course will help you further develop your skills and knowledge in lactation support.

We offer a range of **flexible study options** to support you to successfully complete this course, including distance education. Learners need to participate online in some workshops on the days they are run.

Course content

The 10960NAT Diploma of Breastfeeding Management offers a unique opportunity for you to build your skills and knowledge in the following areas:

- the anatomy and physiology of human lactation
- management of common breastfeeding problems
- providing counselling to support breastfeeding
- infant and maternal nutrition during lactation
- protecting and supporting breastfeeding
- evaluation of human lactation research

'My knowledge base and counselling skills have improved remarkably since I commenced the Diploma of Breastfeeding Management. The evidence-based knowledge I have gained through my studies, is used every day with the mother and baby dyads I provide care for in my work as a midwife.'

Diploma learner



RACGP CPD Approved Activity		
Educational Activities	Reviewing Performance	Measuring Outcomes
264 hours	81 hours	6 hours

To find out more contact training@breastfeeding.asn.au

Learn more and view the pre-course information booklet

aba.asn.au/diploma



Delivered by experts

The course is delivered by a team of experts from the Australian Breastfeeding Association and invited guest presenters.

The course requires completion of 12 units of study (eight core and four elective units). This is achieved by combining self-directed study, online workshops and assessments for each unit.

'I have just started the course but feel much better with my understanding of breastfeeding and feel much more confident in supporting new mums to breastfeed their babies.'

Diploma learner

Workshop location

Workshops are held online.

Unit	Days
NAT10960001 Take lactation histories and conduct breastfeeding assessments	1
NAT10960006 Create environments to protect, promote and support breastfeeding	1
NAT10960007 Provide breastfeeding support within a legal and ethical framework	1
NAT10960004⁺ Manage breastfeeding situations and problems	1
NAT10960005 Facilitate infant and maternal nutrition during lactation	1
NAT10960012[*] Evaluate and counsel on the use of breastmilk substitutes	1
NAT10960013[*] Use infant sleep and settling methods that support the breastfeeding relationship	1
NAT10960014^{**} Counsel clients to manage life changes associated with breastfeeding	1
NAT10960008 Use critical appraisal skills to evaluate human lactation research	½
NAT10960010[*] Provide pharmacological information and breastfeeding support to clients	½
NAT10960002 Communicate effectively with clients to support breastfeeding	2
NAT10960003 Provide counselling to support breastfeeding	
NAT10960009^{**} Facilitate culturally-appropriate breastfeeding counselling	
NAT10960015[~] Manage infant and young child feeding outcomes in emergency situations	-

*Elective units: four must be selected ⁺Pre-requisite unit NAT10960001 required [#]Specified elective unit
[~]eLearning modules, no workshop



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