

Local Catch-Ups

Blue Mountains Group

February 2025 - April 2025

All mothers and family members welcome for a cuppa, chat and free breastfeeding support.



FEBRUARY

Wednesday 5th 10am: Springwood Sports Club (chat about babywearing - bring your favourite carrier!)

Monday 17th 10am: 2773 Cafe, Glenbrook

MARCH

Wednesday 5th 10am: Springwood Sports Club (chat about starting solids)

Monday 17th 10am: Moon and Co Cafe, Mt Riverview

APRIL

Wednesday 2nd 10am: Springwood Sports Club (chat about breastfeeding and work)

Monday 14th 10am: 2773 Cafe, Glenbrook



Australian
Breastfeeding
Association



breastfeeding.asn.au



Blue Mountains