

# Local Catch-Ups

Blue Mountains Group

**February 2025 - April 2025**

All mothers and family members welcome for a cuppa, chat and free breastfeeding support.



## FEBRUARY

**Wednesday 5th 10am:** Springwood Sports Club (chat about babywearing - bring your favourite carrier!)

**Monday 17th 10am:** 2773 Cafe, Glenbrook

## MARCH

**Wednesday 5th 10am:** Springwood Sports Club (chat about starting solids)

**Monday 17th 10am:** Moon and Co Cafe, Mt Riverview

## APRIL

**Wednesday 2nd 10am:** Springwood Sports Club (chat about breastfeeding and work)

**Monday 14th 10am:** 2773 Cafe, Glenbrook



Australian  
Breastfeeding  
Association



[breastfeeding.asn.au](https://breastfeeding.asn.au)



Blue Mountains