



Australian  
Breastfeeding  
Association

**Have you considered how  
you could prepare your new  
family for disasters?**

Scan for FREE emergency  
planning tools including  
evacuation kit lists.  
[aba.asn.au/emergency](https://aba.asn.au/emergency)





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**Breastfeeding keeps  
babies safe in disasters.**

**Plan to breastfeed.**

Scan for FREE emergency  
planning tools and info on  
breastfeeding in emergencies.  
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## Planning for emergencies? Plan to breastfeed.



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**FIRE + RESCUE**

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