

Safe sleep

- Ensure surfaces are firm and flat, and kept clear of toys and blankets.
- · Look out for positions that make it hard for babies to breathe.
- · Protect them against falls and being stepped on.





Breastfeeding mums need:

- a private place to sit
- water and food
- reassurance about milk supply and expected baby behaviour.

Formula feeding families need:

- infant formula*
 - clean water
 - a clean space to prepare feeds
 - hot water and detergent for washing, or
 - single-use bottles or cups.
 - *Always assess need before providing infant formula.

Older babies and toddlers need:

- safe solid foods
- snacks outside of mealtimes.

Supporting families with babies or toddlers in evacuation centres

Babies and toddlers have unique needs that place them at greater risk.

You can support parents to meet these needs and keep them safe.



Emotional wellbeing

Safety

animals

hot water

vehicles

Protect children from:

electrical outlets

· medications and drugs

stairs and balconies.

Help protect young children from trauma.

- Support their caregivers.
- Provide a calm environment.
- Keep them away from very distressed adults.



Create a safe space for play and movement with suitable, clean toys.



Hygiene

Ensure access to:

- nappies and wipes
- soap and water
- · nappy disposal.



